

# 4K Wrap Around Commonly Asked Questions



# Do the children have to nap at rest time and how long is rest time?

Rest time is approximately 30 minutes. Children do not have to nap, but must rest quietly. This is a time for the students to rest their minds and bodies. We dim the lights, play relaxing music, and provide mats. Children are welcome to bring a small pillow, blanket, or item of comfort and keep it in their cubby.

# What lessons are provided?

We mirror what the children are working on in their 4K classroom. We provide learning through play-based activities. Students will work on their ABC's and numbers, as well as learning to play and socialize with other students in a safe and fun environment.

# What kinds of activities will children participate in?

We have several different centers each day based on an essential part of learning. Examples are: Library Center, Math Center, Fine Motor Center, Sensory Center, Block Center and Art Center. Each center consists of several different learning activities. We also promote learning through play and provide time at the end of each day for free play.

# Will the children go outside?

During good weather, we will go outside for approximately 20 to 30 minutes. Children should have weather appropriate clothing, shoes and boots with them each day.

# Do I need to provide a lunch?

You must provide a cold lunch with a beverage for your child. Please note there is no access to cooling or heating appliances. Your child can bring a water bottle that can be refilled during the afternoon. Hot lunch through the School District Nutrition Program is not available.

# Are peanut products allowed in lunches?

The Kids INC staff will gather all the medical information for the children ahead of time so they are aware of any allergies. In the event there is a peanut allergy, we will either designate a peanut free table or be completely peanut free. This will depend on the severity of the allergy. This information will be communicated to all parents.

# Are snacks provided?

There are a variety of snacks provided. The snacks are all whole grain and peanut free. We try to incorporate fresh fruits and vegetables at least once a week. The children will also receive juice or milk.

### How do I pick my child up at the end of the school day at 3:45?

There are three options at the end of the school day for parent pick up. You may use the parent pick up line, playground parent pick up, or Kids INC afterschool parent pick up. You do need to register separately for the before/after school Kids INC program, as it has its own annual fee and daily fees. It is your responsibility to let the Kids INC staff know which option you plan to use.