

FIT IN THE Parks



CLICK ON THE CLASS # FOR
MORE INFORMATION

Class Name	Age	Date	Class #
SUNSET/CANDLELIGHT HIKE	ALL	5/2	31245
SPEED AGILITY & STRENGTH	8-18	5/24	31575
LITTLE HOOPER FITNESS	4-11	6/8	31298
ZUMBA	18+	6/16	31246
SUMMER OUTDOOR YOGA	ALL	6/18	31249
INTRO TO STRONGBODIES	55+	6/18	31358
SOMATIC BREATH WORKSHOP	8+	6/28	31244
CORE N' MORE	14+	6/28	31388
STRENGTH	18+	7/9	31642
ZUMBA	18+	7/14	31247
SUMMER OUTDOOR YOGA	ALL	7/16	31250
INTRO TO STRONGBODIES	55+	7/16	31357
BARRE BASICS	18+	7/16	31644
PILATES MAT	13+	7/17	31259
YOGA	8+	7/23	31243
SUMMER YOGA	18+	7/23	31646
ZUMBA	18+	8/11	31248
SUMMER OUTDOOR YOGA	ALL	8/13	31251
INTRO TO STRONGBODIES	55+	8/13	31356
TRI THE Y-STRENGTH	12+	9/13	31254
TRI THE Y-CARDIO	12+	9/13	31252
TRI THE Y-CORE	ALL	9/13	31253

