



QUARANTINE

Why is my child quarantined? Your child has been in close contact with someone who has tested positive for COVID-19 while the person was considered contagious.

Can the other children in the home attend school? Yes other children can attend school. Only the student quarantined will remain at home from school.

How long will he/she/they be quarantined? Quarantine lasts for 10 days since the last exposure to someone who is symptomatic or a positive case.

What if my child becomes symptomatic during this period? Please contact your health professional with next steps. Communicate symptoms and positive tests to the district nurse. If your child develops symptoms the entire household will need to quarantine to stop further spread.

What does it mean to be quarantined? The intent of quarantine is to limit the spread of COVID-19. A student/staff member who is quarantined is at risk of developing symptoms due to exposure. Closely monitoring the individual for signs and symptoms of COVID-19 while remaining at home. Cancel any non-essential appointments.

How is close contact defined? The health department and the Center for Disease Control (CDC) define this as within 6 feet for 15 cumulative minutes or more during a 24 hour period.

When is a person considered contagious? A person is considered contagious 48 hours prior to the onset of symptoms and while symptomatic. For those who do not have symptoms but have a positive COVID-19 test, they are considered contagious 48 hours prior to being tested and for 10 days from the date of testing. For example if you are tested on the 3rd, you were contagious on the 1st and 2nd through the 13th (3rd + 10 days = 13th).

Do I need to have my child tested? A quarantine does not initiate a need for a test. Keep your child home and monitor for symptoms. If they do develop symptoms contact your health professional for next steps, which could include testing. Should you choose to have our child tested for COVID-19, to shorten their quarantine, they need to be tested on or after day five of quarantine. With proof of a negative test, their quarantine can be shortened to seven days and your child can return to school on day eight.

What about the rest of the family? Only the person exposed is quarantined. The rest of the family can continue with their typical schedules.

Can I access the meals for students while quarantined? Yes, there are meal pickups at North Middle School and the high school from 11 a.m. -1 p.m., Monday through Thursday (Thursday will distribute a Friday meal as well). Please call 262-250-6461 for questions or visit the [school nutrition website at sdmfschools.org](http://sdmfschools.org).

Upon returning what do I need? Complete the Return to School Form, and provide it to the school office on the day your child returns to school. Please attach any other documentation such as doctor release, doctor's recommendations and release from isolation form from Waukesha County Health Department if you have these documents.

If you have questions or concerns, please contact Waukesha County Public Health at 262-896-8430